

The Arthritic Foot & Ankle

8.30 Registration and coffee on arrival

9.10 Welcome to FASt: Colin Thomson - Chair FASt

9.15 - Session 1: Chair Mr Senthil Kumar

Impact of smoking on RA	Dr Helen Harris Consultant Rheumatologist NHS Fife
The hot joint - when to refer to a rheumatologist	Dr Neil Mackay Consultant Rheumatologist NHS Lothian
What the rheumatologist does	Dr Ruth Richmond Consultant Rheumatologist NHS Borders

10.00 Complex cases (1): Chair Mr Hisham Shalaby

The rheumatoid forefoot

10.30 - Session 2: Chair Mr James Beastall

Surgical management of the Rheumatoid forefoot	Mr Peter Briggs Consultant Orthopaedic Surgeon Newcastle
Gout (1)- diagnosis	Dr Philip Riches Consultant Rheumatologist NHS Lothian

11.00 Coffee/trade exhibition

11.30 - Session 3: Chair Mr Graham Dall

Sero negative arthritis/enthesopathy - when to refer to a rheumatologist	Dr Neil MacKay Consultant Rheumatologist NHS Lothian
Drug management of Rheumatoid disease	Dr Ruth Richmond Consultant Rheumatologist NHS Borders
Gout (2) - treatment	Dr Philip Riches Consultant Rheumatologist NHS Lothian

12.15 Complex cases (2): Chair Mr Hisham Shalaby

Rheumatoid hindfoot/Tib post pathology

12.45 Lunch/trade exhibition

13.45 - Session 3: Chair Mr Anish Amin

13.45	Ultrasonography: case studies	Adelle Osborne/Laura Glass Podiatrists NHS Fife
14.00	Foot Orthoses for RA	John Tougher Podiatrists NHS GGC
14.15	Surgical management of the Rheumatoid hindfoot	Mr Peter Briggs Consultant Orthopaedic Surgeon Newcastle

14.30 Complex cases 3 Chair Mr Hisham Shalaby/Prof Steffen Breusch
Ankle/Lower limb

1500 Coffee/trade exhibition

15.30 - Free paper session: Chair Mr Robert Clayton

- Paper 1** **FIXATION STRATEGIES BASED ON ANATOMICAL CONSIDERATIONS IN TALAR NECK FRACTURES**
JA Nicholson, S Kumar, RAE Clayton Victoria Hospital, Fife
- Paper 2** **EVALUATION OF PATIENT-LED POST-OPERATIVE WOUND SELF-CARE FOLLOWING FOOT SURGERY**
V. Gupta¹, K. Dash², A. Richardson², K. Shah²
¹The High School of Glasgow, Glasgow, United Kingdom, ²Golden Jubilee Hospital, Trauma & Orthopaedics, Glasgow, United Kingdom
- Paper 3** **THE EPIDEMIOLOGY, MANAGEMENT AND OUTCOME OF SPORT-RELATED ANKLE FRACTURES IN A STANDARD UK POPULATION**
G.A. Robertson, A.M. Wood, S.A. Aitken, C.M. Court-Brown
Department of Orthopaedic Trauma, Royal Infirmary of Edinburgh, Edinburgh
- Paper 4** **A SYSTEMATIC SIX WEEK REVIEW, PATIENT REPORTED, ORTHOPAEDIC ELECTIVE FOOT AND ANKLE POST SURGICAL INFECTION AUDIT JUNE – NOVEMBER 2016**
Will McMurrich
- Paper 5** **PERCUTANEOUS FIXATION OF INTRA-ARTICULAR CALCANEUS FRACTURES**
JA Nicholson, RAE Clayton Victoria Hospital, Fife, Scotland
- Paper 6** **RETURN TO SPORT FOLLOWING LISFRANC INJURIES: A SYSTEMATIC REVIEW AND META-ANALYSIS**
GA Robertson, AK Kiong, N Maffulli, GF Keenan, AM Wood
Edinburgh Orthopaedic Trauma Unit
- 16.30 Presentation of research prize
- End of meeting
- 1700 **AGM**